

Google shared docs cheat sheet

Click the link to the shared file so that it opens in your browser:

The screenshot shows a Google Sheets spreadsheet with the following content:

1. Blend base steamer dry ingredients (there are many different types) in a medium bowl, being sure to break up the clumps.
2. Add herbs, if using, until fully incorporated.
3. In a separate small bowl or cup, combine essential oils and mix.
4. Slowly pour liquid mixture over dry ingredients as you mix.
5. Once incorporated, continue to stir while slowly misting your mixture with moisture (magic water, witch hazel etc.). (Be sure not to over-saturate).
6. When you can clump the mixture in your hand without it falling apart, it is ready to shape.
7. You can use bath silicone molds, candy or soap molds, mini muffin pans (use muffin paper to line), or even your hands to form the steamers.
8. Place on parchment paper to cure for 1-2 days.
9. Store in dry storage containers until use.

No.	Keyword	Name	Intent	Color	Ingredients
1	Abundance	Abundance		Peach	Sandalwood EO
2	Abundance	Abundance		Peach	Ylang Ylang EO
3	Abundance	Abundance		Peach	Patchouli EO
4	Abundance	Abundance		Peach	Frankincense EO
5	Abundance	Abundance		Peach	Vetiver EO

Then click File at the top under the file name and click download and excel spreadsheet:

The screenshot shows the 'File' menu open in Google Sheets. The 'Download' option is highlighted, and a sub-menu is visible with 'Microsoft Excel (.xlsx)' selected. The spreadsheet content from the previous image is visible in the background.

The file will be downloaded to your computer and you can open it, edit it, add your own stuff to it and save it.