

# Unleash Your Inner Venom

A simple crystal enchantment to harness the power of the humble jellyfish to utilise your 'inner venom' for a sense of protection and self-confidence - "Empowerment without force"

You will need:

- 1 white candle
- small amount of spring water
- small amount of sea salt
- small dish or bowl
- 1 small pouch or bag
- 1 clear quartz crystal - *amplification of energy and intention setting*
- 'Poison' essential oil
- 1 stick of 'Sea Breeze' incense - ocean connection (optional)
- 1 or more of the following crystals:
  - 1 Aquamarine - *speak your mind when needed*
  - 1 Golden Tiger's Eye - *boost of self-worth and confidence*
  - 1 Black Obsidian - *powerful protection for empaths*
  - 1 Blue Lace Agate - *set clear and firm boundaries*

1. Cleanse and charge all crystals in preferred method.
2. Set out all of your materials on your altar or within your sacred space.
3. Light the candle and incense.
4. Place the dish in front of the candle. Pour in a small amount of water. Just enough to cover the bottom.
5. Add three pinches of sea salt to the water. As you do so say:  
*"Salt to water, I ask to harness the power of the ocean, a venomous kiss from the jellyfish within this potion."*
6. Hold the clear quartz crystal in your dominant hand and say:  
*"I amplify the energy within this wish, the power and protection of the jellyfish."*  
Add the crystal to the water.
7. For each chosen crystal in turn: hold in your dominant hand and say:  
Aquamarine: *"I speak my truth from my heart with courage."*  
Blue Lace Agate: *"I deserve to ask for how I want to be treated."*  
Black Obsidian: *"I am protected by divine energy that surrounds me like a shield."*  
Tiger's Eye: *"I have the power to shape whatever destiny I choose."*  
Add each crystal to the water.
8. Add one drop of essential oil to the water for each crystal.
9. Close your eyes, bring an image of a jellyfish to your mind's eye, focus on what you see for a few minutes and say:  
*"I call upon the spirit of the jellyfish to heed my call and grant my wish, Weak and powerless I will no longer be. By flame to sea, so mote it be."*
10. Extinguish the candle when you feel ready to release your wish into the universe.
11. Remove the crystals from the water and add them to the pouch. Keep the crystals with you whenever you need a confidence boost or powerful protection.

*You will be bestowed with the spirit of the jellyfish and the power of your own inner venom for protection and the self-confidence to manifest your desires.*